



HEADQUARTERS SOUTH BENGAL FRONTIER BSF KOLKATA



// PRESS RELEASE //

Reference No.: 3/2019

Dated: ___ Feb 2019

ANNUAL MEDICAL CONFERENCE CUM CME
AT FRONTIER HEADQUARTER SOUTH BENGAL, KOLKATA

1. An Annual Medical Conference cum CME was organised on 01 Feb 2019 (Friday) at Frontier Headquarter, Border Security Force, South Bengal. The conference was attended by various BSF as well as civil dignitaries. Sh Sanjeev Kumar Singh, IPS Addl DG, HQ SDG (Eastern Command), Sh Y B Khurania, IPS, IG BSF SB Frontier, Dr. H L Raskaram, IG/Dir (Medical) FHQ BSF New Delhi, SDG HQ (Eastern Command) and 40 Delegates/Medical professionals from BSF, NDRF, CRPF & NSG have attended the same.

2. BSF is the largest Paramilitary Force guarding the difficult terrains of India and it's troops are susceptible to the diseases/medical problems prevailing in a particular region. Hence, deliberate discussion and presentations were given on the relevant medical topics for the benefit of Medical Officers of BSF Battalion who are posted in border areas.

3. Dr. Arindam Pande, MD (Medicine), DNB internal Medicine, DM (Cardiology), Medica Superspecialty Hospital, Kolkata, delivered a very informative lecture on Cholesterol management. Cholesterol is the main factor leading to Cardiac diseases and explained how to manage cholesterol level minimum with healthy life style and easier methods/drugs. Dr. Niladri Sarkar, Professor of Medicine PGIMS & SSKM Hospital, Kolkata and Dr. Ratan Naskar, MS, NRS Medical College were invited to the CME as Panelists for the session. Dr. Sandip Sarkar, Radiation Oncologist, Ruby General Hospital, Kolkata enlightened the gathering about screening and recent advances in Oncology.

4. The medical seminar cum CME was a brain storming session which ran for almost 8 hours. The host and guest speakers have presented their topic very well which consisted of new techniques being evolved in the field of

health care/medical science. The seminar was objectively aimed to benefit the BSF doctors who are deployed in the far-flung border areas, who alongwith BSF personnel, also serving to the villagers/border population as a part of civic action.

5. Sh Sanjeev Kumar Singh, IPS, Addl DG, HQ Special DG, Eastern Command intimated that BSF is the flag bearer in organizing such medical seminar & CME and appreciated the medical fraternity for this excellent practice to maintain a healthy fighting fit Force.

6. Dr. H L Raskaran, IG/Director (Medical) of Force HQ, BSF New Delhi, presided over the CME and intimated that CME is a platform to discuss the latest developments in the Medical field and the prevailing health issues of the troops in the Force to keep Medical Officers abreast and sort out these issues. He conveyed congratulations to all Medical Officers for trying their best to prove their worth, resulting the low statistics of death rate of heart attack in BSF.

Note:- BSF Press Release can also be accessed on www.sb.bsf.gov.in

MOB-9406435878

(RABI RANJAN) 2IC
FOR DIG / SR PRO
SOUTH BENGAL FRONTIER
BORDER SECURITY FORCE



